AdriaMont INSTITUTE

TEMPLATE

Course Selection Worksheet

A simple tool for matching a learning goal to the right AdriaMont format.

Written for adult professionals and curious learners.

Use this when deciding whether to start with a free resource, template, short course, full course, seminar, or custom institutional training.

BEST USED FOR	Visitors, teams, institutional training conversations, course inquiries
OUTPUT	A clearer course or resource choice
LENGTH	Short decision worksheet

Choose by learning need

NEED	BEST STARTING FORMAT	WHY
Understand a topic	Free guide or public lecture	You need orientation before committing to a course.
Use a practical tool	Template or checklist	You need a structured artifact for immediate work.
Build a skill	Full course or guided route	You need sequence, practice, feedback, and transfer.
Brief a team	Professional seminar	The group needs shared language and a concrete work product.
Change a workflow	Institutional training	The learning goal is connected to systems, roles, and decisions.

Worksheet

LEARNING GOAL	What do you want to understand, improve, or produce?
CURRENT LEVEL	What do you already know and where are you stuck?
PREFERRED FORMAT	Free explainer, template, full course, seminar, or custom training?
TIME AVAILABLE	How much time can you realistically invest?
USE CONTEXT	Personal learning, professional task, team training, research, policy, HR, or education?
BEST STARTING POINT	Which AdriaMont course, resource, or material fits best?

Inquiry preparation

AUDIENCE	Who will participate or use the material?
OUTCOME	What should be different after the learning experience?
CONSTRAINTS	What timing, format, language, or accessibility needs matter?
EVIDENCE	What current problem or opportunity makes this learning useful now?

Use this before contacting AdriaMont Institute about a course, seminar, lecture, or institutional training route.